

# Daytime

**RACH café and shop** on the ground floor of RACH.  
**Pink zone café** over the link bridge in ARI.

**W. H. Smiths** at the main entrance to ARI.

**Marks & Spencer** at the main entrance to ARI.

**Food Tokens** - There is now a token system in place for food from the trolleys on the children's wards at lunchtimes (delicart) and evenings (hot meals) once the children have eaten. Tokens may be purchased from the General Office and Pink Zone Café in ARI (directions from the nursing staff). These cost £2.50 each and can be purchased from the Archie Glass Office and the Pink Zone Cafe in ARI. Breast feeding mums will be provided with vouchers by the ward F.O.C.

**Aroma cafes** - See NHS floor plan - right.

**Opening times** - Opening hours are subject to change but are correct at time of print.

**Cash Machines** are located at the main entrance to ARI

**Royal Mail Post Box** at front entrance of ARI.

**Taxi phone at RACH**

**N.B.** All public access points to RACH are closed at 8pm daily until approximately 6.30 am, including the link bridge. Outside these hours access is via A&E which is manned 24/7. To reach any of the ARI facilities which are still open after 8pm go via Adult A&E (to the right on exiting RACH A&E) or to the main hospital entrance, where the buses turn, which is open until 9pm. There are no public interior links between the hospitals.

## Aroma Coffee Bar

Monday - Friday  
7.00 am - 7.30 pm  
Saturday & Sunday  
9.00 am - 4.00 pm



YOUR M&S

Rotunda Entrance  
Level 2

East End Entrance  
Level 1

Main Entrance  
Level 2

Yellow Zone Wards  
(501-507)

Purple Zone Wards  
(401-408)

Orange Zone Wards  
(301-315)

WHSmith

Monday - Friday  
7.00 am - 9.00 pm  
Saturday & Sunday  
9.00 am - 8.30 pm

Pink Zone Wards  
(201-217)

Link Bridge Digital Art Gallery

Green Zone Wards  
(101-114)

Aroma Coffee Bar & Convenience Store  
Emergency Dept. Level 1

Monday - Friday  
8.30 am - 7.30 pm  
Saturday & Sunday  
9.00 am - 7.00 pm



Pink Zone Cafe  
Monday - Sunday  
7.30 am - 7.00 pm

Royal Aberdeen Children's Hospital (R.A.C.H.)

R.A.C.H. Café

Mon - Fri 8 am - 3.00 pm  
Saturday & Sunday  
Closed



The Archie Foundation

We're here for you

Your Archie Foundation  
**guide to food & drinks**  
 in Royal Aberdeen Children's Hospital (R.A.C.H.) & ARI

# Evenings

There are a number of nearby take away outlets (one or two with sit-in restaurants) which are used to delivering to the hospital. They will deliver to A&E but you must be very clear that it is to A&E at RACH and be there to meet them. Hospital staff cannot accept any deliveries.

The following is a list of those outlets of which we know and which have provided a delivery service to the hospital premises in the past. It is not

intended to be a comprehensive list, there may be others. (If you do find others which give you good service please let us know and we can keep our list up to date.)

● **This is also only a list to help you, it does not form any part of a recommendation of quality or value, you need to assess that for yourself. Please check opening times with the various business directly**

## Indian cuisine

**Eastern Eye** - 6 Cornhill Shopping Arcade.

Tel: 01224 662821/662823

Delivery service (7 days)

**Currymount Indian Takeaway** -

Rosemount Place Tel: 01224 627363/626020

Delivery service (7 days)

**Pizza: Dominos Pizza** - Kittybrewster

Tel: 01224 482232 Open 10am-3am daily (7 days)

Delivery service until 'late', please call and check

## Chinese/Thai cuisine

**Ruby Chinese and Thai Carryout** - Cornhill Road (opposite Aberdeen Maternity Hospital)

Tel: 01224 484446

(7 days) with delivery service

## Fish bar with Chinese

**New Cornhill Fish Bar & Chinese Takeaway**

- 7 Cornhill Shopping Arcade Tel: 01224 685585

Open Sun-Sat (closed Tuesdays)